



PRESIDENT'S REPORT

LIVE TO SAVE AND CARE

Fiscal year
2024-2025



Tarlac Medical Society

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PRESIDENT'S ANNUAL REPORT FY 2024-2025

LILIA SERRANO-CHUA, MD, FPOGS, FPSUOG, MBA-H



Tarlac Medical Society (TMS) is a PMA component society in Region III with 477 registered active members for FY 2024-2025. Our society was established on March 01, 1946, with its founding president Dr. Gonzalo Santos.

TMS **mission** defines the society as a unified organization dedicated to serving its members by offering benefits, fostering professional growth while protecting their best interest in accordance with both Divine and Natural laws. Wellness, disease prevention and quality healthcare are delivered with compassion to the different communities through collaboration with private organizations and government agencies.

It is the **vision** of TMS to cultivate a community of Tarlac physicians committed to excellence in medical knowledge and expertise by fostering continuous learning, advancing research, and advocating best practices in patient care.

TMS is a SEC-registered non-stock, non-profit professional organization with following **objectives** outlined in its Articles of Incorporation.

1. Foster unity and camaraderie among physicians practicing in Tarlac.
2. Strengthen member engagement through recruitment, retention, and reintegration efforts.
3. Uphold the nobility and dignity of the profession through high standards of ethical practice, research and continuing medical education.
4. Safeguard the legitimate rights and interests of Tarlac physicians.
5. Promote fraternal relations among all members and allied professionals.
6. Support the initiatives, programs, and projects of the Philippine Medical Association.
7. Serve the healthcare needs of the community, promote wellness and disease prevention with benevolence.
8. Safeguard the public from unethical and unlawful medical practices.

All 121 PMA Component Society Presidents with the PMA President Dr. Hector M. Santos, Jr, were inducted on May 18, 2024, during the 117th Philippine Medical Association Annual Convention at the SMX Convention Center Clark, SM City, Clark Complex in Pampanga.

To start our administrative year, installation and induction of local officers and members of the scientific committees was conducted on June 18, 2024, with no less than the PMA National President, Dr. Hector M. Santos, Jr., together with PMA Governor for Region III, Dr. Oscar Cristito L. Rosete as the inducting officers. The TMS Board of Trustees 2024-2025 adopted the theme *Live to Save and Care* to remind us of the very purpose of our noble profession. TMS's theme is aligned with that of the PMA's aspiration to provide quality healthcare for all through "*Nagkakaisang PMA: Hatid ay Kalusugan Para sa Lahat*".



We recognize the honor and prestige that the Philippine Medical Association carries as a professional organization of highest nobility. TMS is inspired by the multiple awards received by PMA as the “Most Outstanding Accredited Professional Organization Award” given by the Professional Regulation Commission from 2022 to 2024. At TMS, we uphold the nobility and dignity of the medical profession as a component society of PMA. We are honored to be the recipient of numerous PMA awards in the past.

The highlights of TMS program for fiscal year 2024-2025 are classified into three major groupings namely, (A) activities in support for PMA program, events and advocacies, (B) local scientific events and community services initiated by TMS and through collaborations with other healthcare organizations, and (C) strengthening the organizational structure of the society for the upliftment of its members.

A. TMS Activities in Support of PMA Program:

TMS participation is consistently visible in the various national PMA events.

1. PMA Memorandum Circulars

One of the roles of the TMS as a component society is to disseminate and implement PMA circulars which were noted as follows:

- 1.1. Announcement of the PMA National Executive Officers for FY 2024-2025.
- 1.2. PMA 1st Dengue Summit on June 25, 2024.
- 1.3. PMA Leadership Seminar on 20, 2024.
- 1.4. PMA Membership reminders and introduction of the PMA Membership Download Forms.
- 1.5. PMA Certificate of Membership/Good Standing, updates in the issuance.
- 1.6. Reinforcement of the Committee on Emergency and Disaster Response
- 1.7. 21st PMA Singing Physicians’ Contest, “*DOC-tugan 2024*”.
- 1.8. 67th PMA National Medicine Week Celebration September 22-28, 2024.
- 1.9. Implementation of the Unified Certificate of Good Standing and Process for Obtaining the Certificate of Good Standing (COGS) from the Component Society
- 1.10. Conduct of Awards and Submission of Quarterly Progress Report (Criteria for PMA Awards Matrix (Form 01 Guide)
- 1.11. Nominations for the various PMA Awards
- 1.12. Updating of Professional ID Number and Expiration Date (PRC License)
- 1.13. PMA Parking and Visitors Guidelines
- 1.14. 31st Annual PMA Residents’ Research Competition
- 1.15. Request for Donations for Typhoon Julian Victims through PMA
- 1.16. Election of National and Local Officers of the PMA for the term 2025-2026
- 1.17. PMA Souvenir Program Advertisement
- 1.18. PMA Christmas party 2024
- 1.19. Announcement of the 118th Annual PMA Convention
- 1.20. Dissemination of the Philippine Cancer Center – National Research Agenda 2024-2028
- 1.21. Dues Reinstatement Program 2024-2025, for Members with long standing arrears
- 1.22. Release of the Official Candidates for National Office FY 2025-2026



- 1.23. National COMELEC rules
- 1.24. Submission of PMA Special Awards for the activities of the Component Societies.
- 1.25. PMA 30th General Assembly's Official Delegates (Respective Component Society President as representative)
- 1.26. Updating of Member's Data was reiterated as required by the PMA for the COGS Control Number
- 1.27. 1st Junior Doctors' Network Quiz Bee Contest at the 118th PMA Convention

2. PMA National Events

The various PMA advocacy activities were participated by TMS through the president, Dr. Lilia Chua, TMS officers and other members.

- 2.1. PMA Leadership Seminar on July 13-14, 2024, was attended by Dr. Ma. Janet Descalso then Vice President and Dr. Fe Tadeo Treasurer.
- 2.2. 121st PMA Foundation Day Celebration on Sept. 15, 2024.
- 2.3. 67th National Medicine Week Wreath Laying at the Rizal Monument in Luneta Park and Opening Ceremony at Diamond Hotel on Sept 21, 2024.
- 2.4. In the Closing Ceremony of the 67th Medicine Week Celebration on Sept. 28, 2024, the TMS Sinus Rhythm Band was the overall champion of *DOC-tugan 2024*, the 21st Singing Physicians' Band Contest.
- 2.5. PMA Regional Assembly for the National Capital Region, October 13, 2024 at Unilab Bayanihan Center, Pasig City was attended by Dr. Lilia Chua and secretary Dr. Miriam De Leon.
- 2.6. TMS consecutively won 1st Prize in PMA Singing competitions in 2024. During the PMA Christmas Party Celebration on Dec 07, 2024, the seasoned Specialists Band championed the Christmas Carol Contest.
- 2.7. TMS was compliant with the PMA National and Local Election held on March 9, 2024.
- 2.8. TMS was involved in the organization of the PMA Regional Assembly for Central Luzon. Host: Zambales Medical Society at St. Pio Medical Center, Zambales on Mar. 23, 2025.
- 2.9. Several TMS Officers participated in the 118th PMA Annual Convention, May 14 to 17, 2025 at EDSA Shangri-La Hotel, Quezon City.

The following awards were received during the event:

- 2.9.1. TMS received the PMA Award for Community Service, 2nd Prize.



- 2.9.2. TMS received a Testimonial Certificate of Merit for submitting a complete report of the various activities that reflect the ideals and objectives of PMA.
- 2.9.3. TMS received a Certificate of Recognition for celebrating World Immunization Week aligned with PMA advocacy.
- 2.9.4. Dr. Lilia Chua received a Testimonial Certificate of Appreciation for her leadership and compliance with PMA's administrative and organizational requirements.
- 2.9.5. Dr. Antonita De Pano, immediate past president, is the recipient of PMA Most Outstanding Physician award in Tarlac Province.
- 2.9.6. Dr. Imelda Cervantes is the recipient of PMA Most Outstanding Physician award in the Philippine Dermatological Society.
- 2.10. TMS won 2nd Place in the First PMA Junior Doctors' Network Medical Quiz Bee Contest after a tight competition losing by 1 point to 1st Place. PMA recognized TMS' academic talents. We are proud of our team, the *TarlacMastermindS*, Dr. Ryan Yumena from the Department of Internal Medicine, Dr. Henry Lay from the Department of Pediatrics, and Dr. Nowel Pangilinan Anastacio from the Department of Family Medicine.

3. PMA/DOH advocacy activities

Summits and Regional Assemblies were attended by TMS president and other officers.

- 3.1. PMA 1st Dengue Summit "Achieving Zero Dengue Deaths by 2030" on June 25, 2024, Diamond Hotel.
- 3.2. 30th PhilCAT Annual Convention "Ending TB in the Philippines: Progress, Challenges and Commitment", Aug. 15-16, 2024 at Crowne Plaza, Galleria Manila, Ortigas Avenue, Quezon City.
- 3.3. 2nd PMA TB Summit "Ending TB is Everyone's Responsibility" on March 12, 2025, Luxent Hotel, Quezon City.

B. TMS Local Activities:

Our vision at TMS is to establish a fellowship of Tarlac physicians dedicated to achieving the highest levels of medical knowledge and expertise through ongoing learning, research, and the promotion of best practices in patient care. Wellness, disease prevention and quality healthcare are extended to the less fortunate and the underserved communities through partnership and collaboration with specialty societies, government agencies and private organizations or NGOs.

1. Induction and Installation of Officers



Installation of elected and appointed officers, induction of committee members and new members, and turnover ceremony were done with PMA President Dr. Hector Santos, Jr. and Governor for Central Luzon Dr. Oscar Cristito Rosete as inducting officers on June 18, 2024 at Fortune Seafood Restaurant, Tarlac City.

2. Continuing Professional Developments and Scientific Affairs

Enhancing professional developments is achieved through scientific activities such as postgraduate courses and round table discussion on relevant issues encountered in the clinical practice. Scientific events for professional growth and continuing medical education are organized in conjunction with the different Specialty Societies.

- 2.1. Three Postgraduate Courses with CPD units were held in FY 2024 - 2025.
 - 2.1.1. "Outcome Driven Diabetes Management for Physicians Workshop" in collaboration with the Institute for Studies on Diabetes. Fortune Restaurant. June 1, 2024.
 - 2.1.2. "Live to Save and Care: Promoting Better Health through Medical Expertise." 24th TMS Postgraduate Course, Kaisa Hall, Tarlac City, August 24, 2024.
 - 2.1.3. "Fundamentals in Gastroenterology: Strengthening Universal Healthcare Delivery in the Frontlines" first Postgraduate Course hosted by Tarlac Medical Society for the Philippine Society of Gastroenterology Central Luzon Chapter. Tarlac Capitol Center February 8, 2025.
- 2.2. Regional Assembly of Specialty Societies
TMS collaborated with specialty societies such as the Philippine Academy of Family Physicians Central Luzon Chapter in hosting the Regional Assembly, the Philippine Chest Physicians Inhalational Workshop and the Philippine College of Occupational Medicine Central Luzon Chapter 1st Anniversary Symposium.
- 2.3. Round Table Discussions in smaller groups by specialization are regularly held in partnership with the pharmaceutical industry.

3. Medicine Week Celebration 2024. Sports and Camaraderie Events

Following the PMA theme for the 67th National Medicine Week, TMS celebrated the event with various local daily activities on scientific sessions, sports and camaraderie to bring together all the physicians province wide.

- 3.1. TMS as One Family. Zumba and childhood sports were held on Family Day Celebration on Sept. 22, 2024.
- 3.2. HIIT (High-Intensity Interval Training) Shape Your Future for fitness Sept. 23, 2024.
- 3.3. Gun Safety Workshop and Basics of Marksmanship, Camp Macabulos, Sept. 27, 2024.

4. Community Outreach Programs

- 4.1. Initiated by TMS and in collaboration with Specialty Societies



4.2. Partnership with private Non-Government Organizations

4.3. Partnership with Local Government Unit

Community services rendered by TMS members include activities involving cancer awareness, screening and prevention; lay fora for wellness and lifestyle modifications; preparedness for disaster risk reduction awareness and drills; control of vector-borne diseases such as dengue and M-pox; and mandatory TB reporting and management.

TMS is an ever-reliable partner of private organizations and government agencies in healthcare delivery to underserved communities. TMS received Citations and Certificates of Recognition from the Philippine Red Cross, and the Caritas Tarlac, Inc. The Philippine Institute of Civil Engineers, the Phil-Am Medical Mission Foundation of Michigan, USA and Ohana Hale Private Resort also partnered with TMS for their Medical, Dental and Surgical Missions.

As part of our social responsibility, our services in medical and surgical missions are extended beyond the borders of the Philippines. On November 7 to 9, 2024, Dr. Lilia Chua, TMS President participated in a short term Mission to Kenya organized by Tarlac Living Faith Christian Baptist Church in partnership with Good News Community Center in Bondo, Kenya.

C. Strengthening TMS Organizational Structure

1. Constitutional Amendments
2. Administrative Manual
3. TMS Official website *tarlacmedsociety.org*
4. Bonafide Services to TMS Members
5. Reintegration Program of Inactive/Delinquent Members
6. Board Meetings and Committee Meetings
7. Remittances to PMA
8. Submission of Quarterly Matrix Report

In its 78th year of existence, further strengthening of TMS organizational core was made. The Board of Trustees headed by President Dr. Lilia S. Chua with the Committee on Constitution, Bylaws and Codes, initiated the **Constitutional amendments** which have long been overdue, and established the first TMS **Administrative Manual**. Ratification was done on Mar. 9, 2025 during the PMA National and TMS local election. On January 28, 2025, the **official website** <https://tarlacmedsociety.org/> was launched.

The creation of the TMS Administrative Manual has been a milestone long-awaited for. The SEC-registered medical organization is nearing eight decades in service since its inauguration in 1946 by founding President Dr. Gonzalo Santos. This fiscal year marks the introduction of this procedural guide, designed to enhance and support the leadership capabilities of future TMS leaders. It aligns with the Administrative Codes of the Philippine Medical Association and elaborates on the provisions of the TMS Constitution and Bylaws. A thorough understanding of these Bylaws is essential for comprehending the manual's guidelines. Amendments to the



Constitution and Bylaws have been implemented to uplift the organizational framework of the society.

The objectives to these administrative moves are to: (1) update the Constitution and Bylaws in these changing times, (2) standardize, institutionalize and pass on the organizational practices of TMS through the years, (3) keep abreast with technological advancement in the science of medicine, and (4) facilitate faster dissemination and communication in cascading information to the members. The Administrative Manual affixed the electronic links of all the PMA Codes. These endeavors bring the PMA codes and circulars closer to the members of the component society.

To stay aligned with advancements in medical technology and information dissemination, the official TMS website, <https://tarlacmedsociety.org/> offers a convenient avenue for patients seeking healthcare services and keep records of TMS milestones. Both the manual and the website are designed to improve communication in addressing TMS members' concerns efficiently in the digital era.

Bona fide services to members is part of TMS mission. The secretariat facilitates the members' administrative needs and benefit claims with PMA. TMS connects with the members through simple birthday greetings. TMS is one with PMA in its efforts to **reintegrate inactive members** with long standing association dues. As such, a 30% amnesty on local dues for members with arrears of 3 years or more was initiated in November 2024 until February 28, 2025. This initiative was made prior to the announcement of the PMA memorandum circular on Dues Reinstatement Program 2024-2025.

Regular monthly and special **board meetings** were held to address the various matters of concern and to plan for the activities in different platforms, face to face, hybrid and online via zoom. Minutes of the meeting were noted and recorded. Compliance with **remittances** of membership dues to PMA and **quarterly matrix reports** were submitted completely and on time.

A Japanese writer, Ryunosuke Satoro once said “Alone we are a drop, together we are an ocean”. All the year-round accomplishments were made possible through the collective efforts, camaraderie and generosity of the TMS past presidents, the officers, the scientific committee members, the specialty societies, the rural health unit physicians, and the general membership. The time spent together with TMS endeavors is truly a joy unforgettable!

“Wherever the art of Medicine is loved, there is also a love of Humanity”
by Hippocrates



HIGHLIGHTS OF ACTIVITIES FY 2024-2025

A. TMS ACTIVITIES IN SUPPORT OF PMA PROGRAM:

1. PMA MEMORANDUM CIRCULARS

A notable memorandum circular passed by PMA is the new procedure in the issuance of Unified Certificate of Good Standing posted by PMA in August 2024 where the control number is authorized only by PMA.



2. PMA NATIONAL EVENTS participated by TMS

July 13-14, 2024	2.1. Orientation And Leadership Training Seminar - Novotel Manila Araneta City, Cubao, Quezon City. - Attended by TMS Treasurer Dr. Fe Tadeo and Dr. Janet Descalso.
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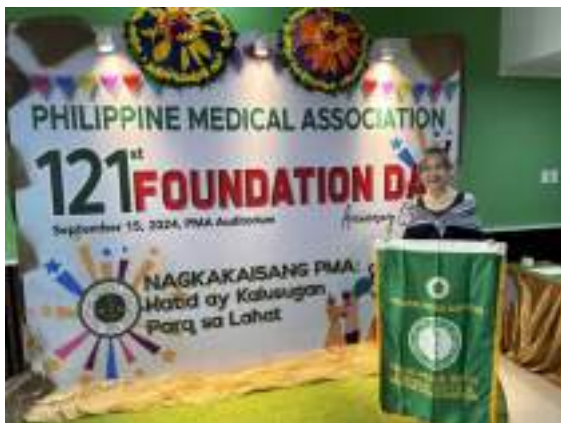


Sept. 15,
2024

2.2. 121st PMA Foundation Day Celebration. *Nagkakaisang PMA: Hatid ay Kalusugan Para sa Lahat.*

- Face to face participation of Dr. Lilia Chua, TMS president
- Held at the PMA Auditorium, Quezon City





Sept. 22, 2024	2.3. 67th National Medicine Week. <i>Kalusugan ng Bansa, Responsibilidad ng Bawat Isa</i> • Traditional March and Wreath Laying at the Rizal Monument in Luneta Park, Manila. • Opening Ceremony at Diamond Hotel
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Sept. 28, 2024	2.4. Closing Ceremony of the 67th Medicine Week Celebration - The TMS Sinus Rhythm Band was the overall champion of <i>DOC-tugan 2024</i>, 21st Singing Physicians' Band Contest. - Dr. Lilia Chua received the award on behalf of TMS Sinus Rhythm
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Oct. 13, 2024.	2.5. REGIONAL ASSEMBLY for National Capital Region. • Face to Face participation of Dr, Lilia Chua, TMS president and Dr. Miriam De Leon, TMS Secretary at Unilab Bayanihan Center, Pasig, Metro Manila. • Virtual attendance via zoom by Dr. Josie Icmat and Dr. Josephine Lagade, District Councilors
Nov. 6, 2024	2.6. 2nd Joint Congress on General Medicine by PMA and APSARA • Virtual participation of Dr. Lilia Chua, President of TMS





Nov. 6, 2024. 2nd Joint Congress on General Medicine by PMA and APSARA





Dec. 7,
2024

2.7. PMA Christmas Party 2024 “Pamaskong Masigla, Malusog, Masaya for All”

- TMS consecutively championed the PMA Singing competitions in 2024.
- The seasoned Specialists Band whose stellar performances from Dr. Shelly Mangahas (President 2003-2004), Dr. Benedict Benin (President 2005-2006), Dr. Catherine Nuyen Go (President 2012-2013), Dr. Maria Martha De Borja, with young generation Dr. Lenard Paul Concepcion, and Dr. Precious Grace Sicangco earned 1st Prize in the PMA Christmas Carol Contest.





CONSTITUTION AND BYLAWS

(Revised February 19, 2025)



Mar. 23, 2025	2.9. PMA Regional Assembly for Central Luzon. Host: Zambales Medical Society at St. Pio Medical Center, Zambales • Region 3 Council Meeting
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May 14 to 17, 2025	2.10. 118th PMA Annual Convention <i>Nagkakaisang PMA Handog ay Kalusugan para sa Lahat.</i>
Awards received:	• PMA Award for Community Service, 2nd Place, TMS • Testimonial Certificate of Merit, TMS • Certificate of Recognition for Celebrating World Immunization Week, TMS • First Junior Doctors' Medical Quiz Bee 2025, 2nd Place. The <i>Tarlac MastermindS</i> Dr. Ryan Yumena, Dr. Henry Lay, Dr. Nowel Anastacio • PMA Most Outstanding Physician Award of Tarlac, Dr. Antonita M. De Pano. • PMA Most Outstanding Physician Award of the Philippine Academy of Dermatologic Surgery Foundation, Inc., Dr. Imelda Cervantes • Testimonial Certificate of Appreciation in Leadership, Dr. Lilia S. Chua • EDSA Shangri-La Hotel, Mandaluyong City









May 16,
2025

2.11. PMA 30th General Assembly. 118th Annual Convention

- Garden Ballroom, EDSA Shangri-La Hotel, Mandaluyong City
- The president is the representative of TMS.



3. PMA/DOH ADVOCACY ACTIVITIES



June 25, 2024	3.1. PMA 1st Dengue Summit “Achieving Zero Dengue Deaths by 2030” • Signing of Manifesto of support to Achieve Zero Dengue Death by 2030 at Diamond Hotel Manila. • With PMA president Dr Hector Santos, Jr, DOH Usec Dr. Enrique Tayag, PMA Governor for Central Luzon Dr. Oscar Cristito Rosete and other Component Society Presidents
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Aug. 15-16, 2024	3.2. 30th PhilCAT Annual Convention “Ending TB in the Philippines: Progress, Challenges and Commitment” • Crowne Plaza, Galleria Manila, Ortigas Avenue, Quezon City.
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Mar 12,
2025

3.3. 2nd PMA TB Summit “Ending TB is Everyone’s Responsibility”

- Luxent hotel, Quezon city





B. TMS LOCAL ACTIVITIES: Induction of Officers, Continuing Professional Developments, Medicine Week Celebration, and Community Outreach Programs

June 18, 2024.	1. INDUCTION AND TURN-OVER CEREMONY. • Installation and induction of TMS Officers, Scientific Committee members and New TMS members held at Fortune Seafood Restaurant, Tarlac City. • Inducting Officers: PMA President Dr. Hector M. Santos Jr. and PMA Governor for Central Luzon Dr. Oscar Cristito L. Rosete • Attended by Past Governor for Central Luzon, Dr. Alejandro Fernandez, Past TMS Presidents, Officers, and members.
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2. CONTINUING PROFESSIONAL DEVELOPMENTS AND SCIENTIFIC AFFAIRS.

May 31 to June 1, 2024	2.1. Outcome Driven Diabetes Management for Physicians • A collaboration of the Institute for Studies on Diabetes Foundation, Inc., ISD Alumni of Tarlac and Tarlac Medical Society • 80 attendees, held at Fortune Seafood Restaurant, Tarlac City
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Aug. 24, 2024	2.2. 24th Postgraduate Course. 6 CPD units • <i>Live to Save and Care: Prescribing Better Health through Medical Expertise</i> • Initiated by TMS with 260 registered attendees • Kaisa Convention Hall, Tarlac City
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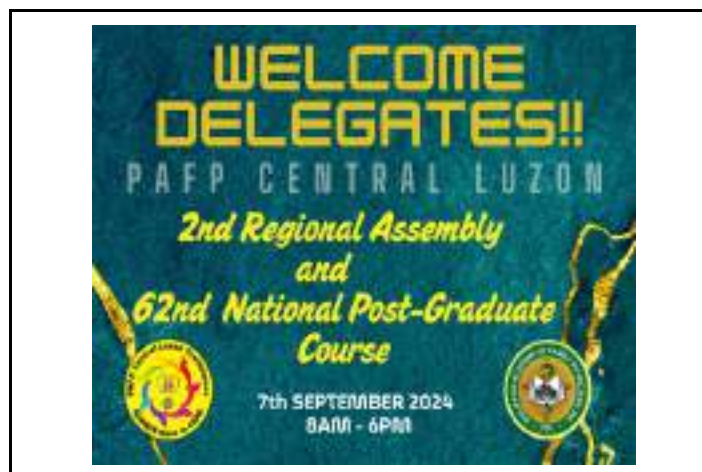




Feb. 8, 2025	2.3. The 2025 Post-Graduate Course Fundamentals in Gastroenterology (CPD applied)	Tarlac Capitol Center, Tarlac City
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Sept. 7, 2024	2.4. 2nd Regional Assembly and 62nd Postgraduate Course Venue: Central Park Hotel, Luisita, Tarlac City Philippine Academy of Family Physicians (PAFP Tarlac Chapter)	- Host and facilitator for PAFP Central Luzon Chapter - Local Speakers : Dr. Anna Melody Monzon, past TMS Secretary - Attendees: 200 Family Medicine specialists from different provinces of Region 3, including TMS Members
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Sept. 18, 2024	2.5. 5th Inhalational Workshop Venue: Jecsons Medical Center, Tarlac City Philippine College of Chest Physicians, Northwest Luzon Chapter	- Host and Facilitator - Speakers: Dr Cristina Pascual, TMS Past President Dr. Conrado Genilo, TMS Past President Dr. Jennifer Baldillo Dr. Maria Theresa Tuquero-Jose - Attendees: 60 delegates including Dr. Lilia Chua, TMS President 25 physicians, members of TMS 30 nurses, 10 respiratory therapists.
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Feb. 4, 2025	2.6. PCOM TARLAC together with Tarlac Medical Society and PAFP Tarlac Chapter conducted a Research workshop of Central Luzon Doctor's Hospital Residency Training and Loving Mother General Hospital Residency Training.
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3. MEDICINE WEEK CELEBRATION 2024

Day 1 - Sept. 22, 2024 7am: Opening the Medicine Week Celebration with Wreath Laying at the Dr. Jose Rizal Monument, Plazuela, Tarlac City. Followed by Holy Mass and Eucharist Celebration at the Kaisa Hall. Family Day theme: TMS as ONE FAMILY. Held at Kaisa Hall, Tarlac City. - Hosted and initiated by TMS. 8am: Breakfast and lunch together, engaged in fun games and aerobic exercises. - Attendees: 11 BOT members, 25 TMS members, 52 family members
Day 2 - Sept. 23, 2024 H.I.I.T Workout at The Grind Gym, Tarlac City. TMS believes that exercise is the key to health and well-being. - Host, 6 TMS members attended including councilors 19 Fitness Community Sept. 23, 2024 Evidence Based Strategies for Managing Iron Deficiency Anemia in Children at Conti's Restaurant, San Sebastian, Tarlac City - In partnership with Proctor and Gamble, Philippines. Dr. Reynaldo De Castro(Speaker). - Attended by Dr. Lilia S. Chua, TMS President and Dr Lenard Concepcion(TMS Assistant Secretary) and 20 TMS members who are mostly Pediatricians
Day 3 - Sept. 24, 2024 The Aging Eye: Common Changes and Problems, a lay forum for Tarlac Provincial Hospital OPD patients. - Hosted by Dr. Lenard Concepcion and TMS Vice President, who is an Ophthalmologist. 35 Patients
Day 4 - Sept. 25, 2024 PRO-Active Nutrition: Healthy Gut, Healthy Muscle, Precision Nutrition: Is there a role for Diabetic Specific Formula, FortuneRestaurant, Tarlac City - Host and Initiator, 28 TMS members and 26 physicians participants
Day 5 - Sept. 26, 2024 Mga Pangunahing Sakit sa Mata lay forum. Tarlac Osias College, Tarlac City - Hosted by Dr. Lilia S. Chua, TMS President and Dr Lenard Concepcion (TMS Assistant Secretary) - Ophthalmology lay fora are inspired by our idol, Dr. Jose Rizal. 47 Students and 12 faculty participants
Day 6 - Sept. 27, 2024. 8AM Lay Fora on Vector-Borne Diseases 1. Dengue: Lamok ay Puksain. Kalusugan ay Panatilihin. Speaker: Dr. Florentina U. Ty, Pediatric Critical Care 2. Mpox: A New Global Health Emergency. Speaker: Dr. Laissa Lapitan-Petillo, Infectious Disease Specialist, TMS Member



- 12 TMS Attendees: with 4 officers - Vice President, past presidents. Other TMS Members
- Beneficiaries: 126 Community participants
- Venue: Covered Auditorium, Poblacion West, Sta. Ignacia, Tarlac

- **Sept. 27, 2024.**
- 5PM Scientific Dinner Symposium
- **Stimuno (*Phyllanthus Niruri*): Immune Booster Adjuvant Therapy for Tuberculosis and Others**
- Lecture Speaker: Dr. Cristina D. Pascual, IM Pulmonologist, TMS Past President
- TMS attendees: 120 doctors

- 7PM **Physicians' Night. P-POP Generation**
- Recognition of the Seniors and Awarding of Certificates... raffle... dance...
- Venue: Loving Mother General Hospital and Diagnostic Center Auditorium, F. Tanedo, Tarlac City

Day 7 - Sept. 28, 2024

- **Gun Safety Workshop & Basics of Marksmanship**, Camp Macabulos, Tarlac City
- Hosted by 3 Officers (TMS President, TMS Vice President, and TMS Assistant Secretary)
- Attended by 32 TMS members

Day 1. September 22, 2024.
Medicine Week Opening Ceremony by Tarlac Medical Society:
Wreath Laying and Holy Mass

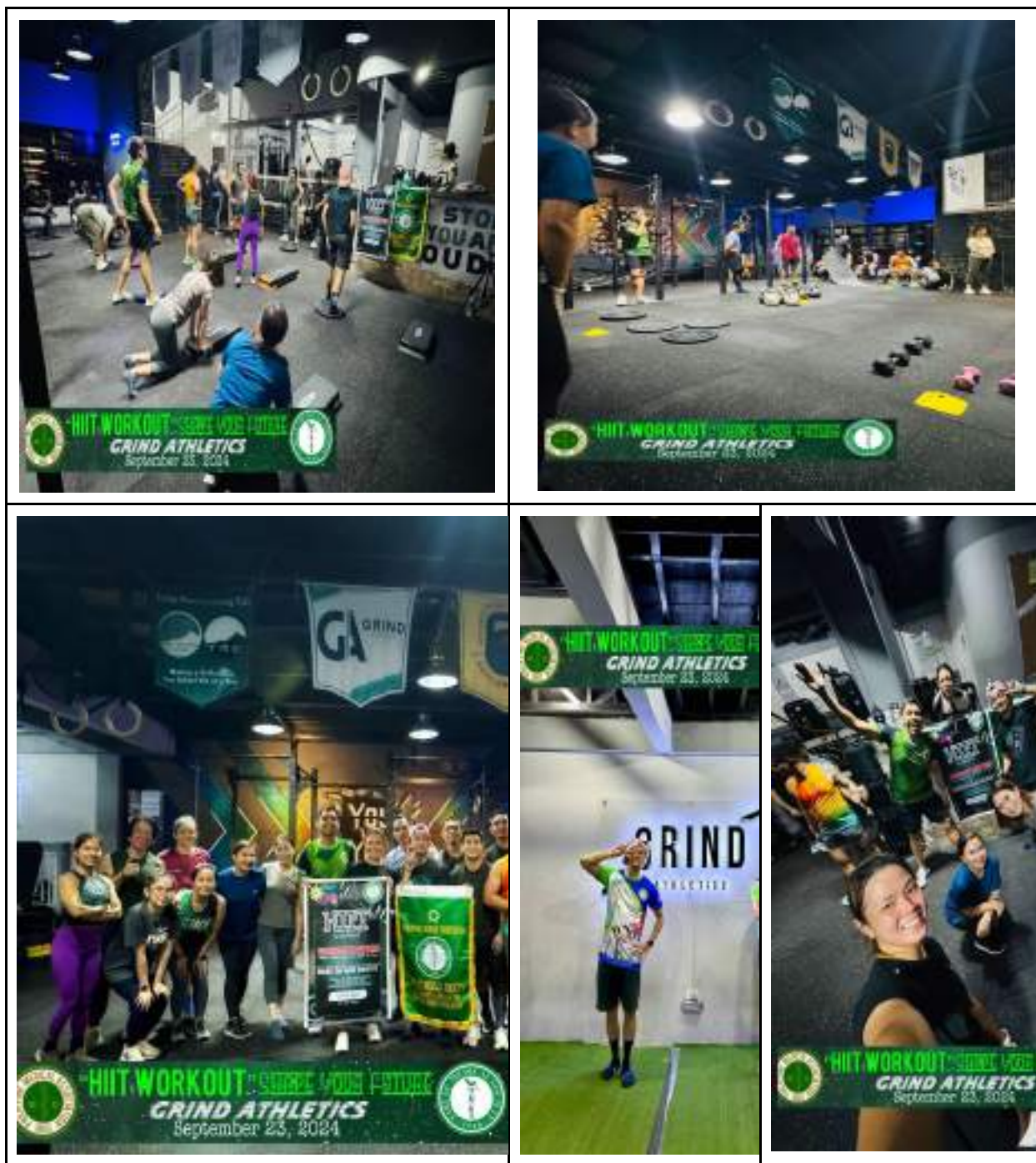


Day 1. September 22, 2014
Medicine Week Family Day Theme: *TMS as One Family*





Day 2. September 23, 2024.
H.I.I.T WORKOUT



Day 2. September 23, 2024.
Evidence Based Strategies for Managing Iron Deficiency Anemia in Children



Day 3. September 24, 2024.
The Aging Eye: Common Changes and Problem





Day 4. September 25, 2024.
**PRO-Active Nutrition: Healthy Gut, Healthy Muscle, Precision Nutrition:
Is there a role for Diabetic Specific Formula**





Day 5. September 26, 2024.
Mga Pangunahing Sakit sa Mata





Day 6. September 27, 2024. Lay Fora on Vector-Borne Diseases
Dengue: Lamok ay Puksain. Kalusugan ay Panatilihin.
Mpox: A New Global Health Emergency.



Day 6. September 27, 2024.

Dinner Symposium on **Stimuno (*Phyllanthus Niruri*): Immune Booster Adjuvant Therapy for Tuberculosis**. Physicians' Night. P-POP Generation





Day 7. September 28, 2024.
Gun Safety Workshop & Basics of Marksmanship





4. COMMUNITY OUTREACH PROGRAMS in Collaboration with Non-Government Organizations, Local Government Unit and specialty medical societies.

Dec. 11, 2024	“Vital Signs Medical Mission with laboratory examination “ (CBC, FBS, TC, BUA/0 CXR, ECG, USG, FLU Vaccination , Free Medicines, and BP Screening. • in collaboration with PAFP Tarlac Chapter and The Rotary Club of Midtown Tarlac. • Venue: Brgy. Cassoob, Mayantoc Tarlac.
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- 200 Participants, and Four(4) Tarlac Medical Society members



4.1. INDIGENT MEDICAL CARE	Number of Beneficiaries	Active TMS participants
1. June 9, 2024 - Betan Medical surgical Mission “Operation Tuli” - Brgy Café, Concepcion, Tarlac.	76	3
2. June 20, 2024 - Surgical mission “Operation Tuli” - TMS in Collaboration with Tarlac City Government - Kaisa Hall, Tarlac City	76	11
3. June 28, 2024 - Alagang Red Cross Health Caravan • Providing basic healthcare services to the indigents of Brgy. Birbira, Camiling, Tarlac • In partnership with Philippine Red Cross	250	6



4. Sept. 6, 2024	• “Pambansang Operasyon Handog ng mga Pilipinong Siruhano”. National Surgical Outreach Day • Free laparoscopic cholecystectomy at Central Luzon Doctors’ Hospital and at Tarlac Provincial Hospital	4	8
5. Sept. 13, 2024	• “PuroKalusugan” Ang Kalusugan ay Aabot sa Bawat Pamilya • A comprehensive medical mission with bloodletting, Optical Care, Tuli Operation, Surgical and Medical Free clinic • Venue: Calangitan Elementary School Covered Court, Capas, Tarlac	400	6
6. Sept. 25, 2024	• Philhealth Konsulta. Medical and Dental Mission • TMS Outreach program in partnership with Philhealth • Venue: Barangay San Juan, Concepcion, Tarlac	185	5
7. Oct. 4, 2024	• Apalang Elementary School Medical and Dental Mission • Venue: Apalang Armenia, Tarlac	170	10
8. Nov. 8, 2024	• “Alay Kapwa Para sa Kalusugan” Medical and Dental Mission • Venue: Parish of St. John Nepomucene, Caritas, Tarlac • Venue: Municipal Covered Court, Anao, Tarlac	150	12
9. Nov. 23, 2024	• Red Cross Health Caravan with Lifebank Foundation • Free consultation and blood typing • Venue: Kaisa Hall, Tarlac City	120	5
10. Nov. 28, 2024	• “Ginto Pero Libre” • Venue: Moncada, Tarlac	30	8
11. Nov. 6 to 9, 2024	• Kenya Short Term Medical Mission for the LuoTribe of Bondo. Across the borders • In collaboration with Tarlac Living Faith Christian Baptist Church and the Good News Community Center	887	1 (TMS President Dr. Lilia Chua)



• Venue: Bondo, Kenya		
12. Nov. 30, 2024 • Pasko Para Nobyembre Medical mission and gift-giving for the Aetas of Barangay Papaac, Sitio Pokis, San Jose, Tarlac	152	6
13. Feb. 3 to 5, 2025 • Ohana Medical Mission (OMM) 2025 in collaboration with Philippine Medical Association Hawaii, the Ohana Hale Private Resort, Hawaii USA, the Tarlac Medical Society and the Local Government Units • 3 strategic venues in the province of Tarlac - the underserved communities of Sta. Ignacia, Gerona, Paniqui • Total beneficiaries: 1181 comprising • 701 medical, 250 pediatric, 20 minor surgery, 210 optical and 150 gift packs	1,181	6
14. Feb. 10-14, 2025 - Philippine-American Medical Foundation of Michigan, USA The 5-day medical activity was conducted to provide additional accessible and free health care services especially to the less privileged citizens of Santa Ignacia, a total of 3,075 patients were catered. Services in the Medical Mission includes the following and the number of patients served: • Major Operation - (Done at Tarlac Provincial Hospital) - 9 patients operated • Minor Operation - (Done at Tarlac Provincial Hospital) - 59 patients operated • Circumcision - 187 patients circumcised • Tooth Extraction/Dental - 344 patients • Medical Check-up, Consultation - 1,647 patients • Free Eyeglasses - 431 Glasses given • Chiropractor - 265 patients • Random Fasting Blood Sugar Testing - 131 patients tested Tarlac Medical Society participation - 19 TMS president, officers and members The said activity was conducted in collaboration with Philippine-American Medical Foundation of Michigan, Tarlac Provincial Hospital, Provincial Government of Tarlac, Tarlac Medical Society and Philippine Dental Association and other civic	3,075	19



organizations. The activity started February 10, 2025 at 8 in the morning and concluded on February 14, 2024 at 2 in the afternoon		
15. Feb. 28, 2025 • Caritas Medical and Dental Mission in celebration of the World Day of the Sick - In partnership with TMS, Caritas Tarlac, Inc. initiated a Dental and Medical mission at Our Lady of Most Holy Rosary Parish Hall, Cristo Rey, Capas, Tarlac.	150	11

4. June 28, 2024. **Red Cross Health Caravan** in Birbira, Camiling, Tarlac



9. Oct. 4, 2024. **Apalang Elementary School Medical and Dental Mission**





14. Nov. 30, 2024. **Pasko Para Nobyembre**, Medical mission and gift-giving for the Aetas





2.4. November 23, 2024. RED CROSS Health Caravan and Lifebank Foundation





4.2. PUBLIC HEALTH AND PREVENTIVE MEDICINE	Number of Beneficiaries	Active TMS participants
1. June 26, 2024. • HPV, OPV, Measles, DPT Vaccination at Brgy. Laoang, Tarlac. • Facilitator: Jylele Sison Janorabon, MD, TMS Councilor	30	3
2. Aug 30, 2024. • Lectures on Family Planning, Prenatal Care, Breastfeeding, Household Poisoning, Medicinal Plants. • Speakers: Melody Madonna Monzon, MD • Alvindia Barangay Hall, In partnership with PAFP and Loving Mother General Hospital.	30	3
3. July 3, 2024 • “Local Nutrition Evaluation of Tarlac City” • National Nutrition Month celebration with the National Nutrition Council • TMS in collaboration with the Tarlac City Government	100	4
4. June 2024 • Reproductive Health and Teenage Pregnancy • Educating students on teenage pregnancy at Alvindia Aguso High School	200	9
5. June 28, 2024 • “Lifestyle Check Among Patients with Chronic Diseases” • Tarlac Provincial Hospital	80	2
6. Oct. 18, 2024 • “Shape Up the Workplace: Annual Physical Exam Amongst Tarlac City Government Employees • In collaboration with PAFP Tarlac Chapter and City Government	1,000	3
7. Nov. 5, 2024 • “Libreng X Ray for TB Screening” Stop TB by 2035 • Speaker: Dr. Elena Maximo, Municipal Health Officer and Dr. Jylene Sison Janorabon, TMS Councilor • Venue: San Rafael Covered Court, Tarlac City	100	2



8. Oct. 17 & 18, 2024		
• Post Implementation Workshop on National Immunization in the Province of Tarlac • Venue: Century Hotel, Balibago, Angeles City	58	3
9. Nov. 16, 2024		
• World Diabetes Day Celebration. • “FBS Screening to Persons Deprived of Liberty” • TMS and PAFP	180	4
10. Sept. 27, 2024		
• Mind Matters: A Mental Health Forum • Strengthening one's psyche is to resisting drug abuse • Speaker: Dr. Raymond Sioson, TMS Past President Mr. Triamme J. Espinosa, Psychologist • Venue: Drug Recovery Clinic, Rehabilitation Center, Tarlac Provincial Hospital	67	1
11. Nov. 18, 2024		
• Prioritizing Health-Based Approach In Drug Abuse Prevention and Control • Speaker: Dr. Raymond Sioson, TMS Past President • Junior High School • Venue: Sto Cristo Integrated School, Tarlac City	147	1
12. Sept. 9, 2024		
• PAFP and TMS Celebrate “World Rabies Day” with a lay forum on facts about rabies • Venue: Animal Bite Center, Poblacion, Tarlac City	40	2



4. Reproductive Health and Teenage Pregnancy. Teenage pregnancy lecture at Alvindia Aguso High School.





4.3. HEALTH EDUCATION AND PUBLIC INFORMATION	Number of beneficiaries	Active TMS participants
1. June 19, 2024. - Bawa't Bata Malaya: Mithiin ng Nagkakaisang Bansa. - TMS in collaboration with DOLE Philippines celebrates 2024 World Day Against Child Labor sa Pilipinas. • Medical, Dental Mission. Tarlac Provincial Hospital.	200	6
2. June 20, 2024. Itanong Mo Kay Doc. Pangangalaga sa Kalusugan Para sa Mga Haligi ng Tahanan. • Speaker: TMS Auditor, Jericho Caibiran, MD, FPUA, FPCS • Anchor: Ethel Vital Cornes, MD, TMS Past President	Aired Radio Maria 99.7 FM and FB Live.	2
3. July 4, 2024. Itanong Mo Kay Doc. Protektado ang Bakunado • Speaker: Expedito T. Yala, MD, FPPS, FPIDSP • Anchor: Ethel Vital Cornes, MD	Aired Radio Maria 99.7 FM and FB Live.	2



4.	Aug. 1, 2024. Itanong Mo Kay Doc. Ngayong Panahon ng Tag-Ulan Ating Kalusugan ay Ingatan. • Speaker: Imelda Q. Tiglao, MD, FPAFP, DTPH, TMS Past President • Anchor: Ethel Vital Cornes, MD	Aired Radio Maria 99.7 FM and FB Live.	2
5.	Aug. 29, 2024. Itanong Mo Kay Doc. Smoking and Vaping: Trending or Alarming? • Speaker: Conrado Gerardo R. Genilo III, MD, IM-Pulmonologist, TMS Past President	Aired Radio Maria 99.7 FM and FB Live.	2
6.	Sept. 24, 2024 • “The Aging Eye: Common Changes and Problems” • a lay forum for the Tarlac Provincial Hospital OPD patients. • Speaker: Dr. Lenard Paul Concepcion, TMS Assist. Secretary	35	1
7.	Oct. 17, 2024 • Maalaala Mo Kaya Alzheimer's Disease and Dementia • Itanong Mo Kay Doc Radio Program • 99.7 FM, FB live • Speaker: Dr. Ryan T. Bonifacio, TMS member • Anchor: Dr Ethel Vital-Cornes	Aired on radio and FB live	2
8.	Sept. 23, 2024 • Cough Cough Go away: TB 101 for Every Juan • TMS and PAFP • Speaker: Dr. Melody Monzon • Venue: Don Enrique “Henry” Cojuanco Memorial District Hospital, Moncada, Tarlac	55	3

4.3. Total Number of beneficiaries	9.902
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Public Education and Information.		
Jan. to Mar. 2025	ITANONG MO KAY DOK! Series. With host anchor, Dr. Ethel Vital-Cornes	FB Live, Radio Maria 99.7 FM Tarlac



HUMANITARIAN SERVICE IN TIMES OF CALAMITIES (Natural Disasters or Man-made)

4.4. Component Society Initiated Trainings on Disaster And Risk Reduction Management With Or Without Disaster	Number of members who participated in the delivery of service
1. Aug. 8, 2024 Nationwide CPR Awareness Campaign CPR didactics, demo, and training were done on 1,200 students.	20



• Venue: College of the Holy Spirit, San Sebastian, Tarlac City. • In collaboration with Philippine Heart Association and the Philippine College of Chest Physicians Central Luzon Chapter	
2. Sept. 13, 2024 • Dengue Awareness Lay Forum • TMS in partnership with the Pediatric Infectious Society of the Philippines • Speaker: Dr. Joy Gerardo, TMS member • Venue: Estipona Elementary School, Brgy. Estipona, Pura, Tarlac • Beneficiaries: 58 Households	3
3. Sept. 23, 2024 <i>“Zappinas 2024: Pamayanang Handa, Pamayanang Ligas”.</i> • Nationwide CPR Awareness Campaign • CPR didactics, demo and training were done on 350 students • Venue: Bayanihan Institute, St. Mary's Subdivision, Matatalaib, Tarlac City • In collaboration with the Philippine Heart Association and the Philippine Pediatrics Society Central Luzon Chapter	18
4. Sept. 24, 2024 • Bloodletting Awareness Campaign. • Initiated by TMS • Speaker: Dr. Karla Clemente-Miralao, TMS member • Venue: Loving Mother General Hospital and Diagnostic Center, • F. Tanedo St., San Nicolas, Tarlac City	3
5. Sept. 27, 2024 Lay Fora on Vector-Borne Diseases a. “Lamok ay Puksain, Kalusugan ay Panatilihin” • Speaker: Dr. Florentina U. Ty, Pediatric Critical Care b. “Mpox: A New Global Health Emergency” • Speaker: Dr. Laissa Lapitan-Petillo, Infectious Diseases Specialist, TMS Member • Venue: Covered Auditorium, Poblacion West, Sta. Ignacia, Tarlac	12
6. Nov. 12, 2024	



• Health Hazard Risk Management • A collaboration of TMS, PAFP, and PCOM • Speaker: Dr. Princess Cabuang, TMS member	13
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Component Society Initiated Trainings on Disaster And Risk Reduction Management With Or Without Disaster

1. Aug. 8, 2024. **CPR Awareness Campaign.** College of the Holy Spirit





3. Sept. 23, 2024. Nationwide CPR Awareness at Bayanihan Institute, Tarlac City







4.5. PARTICIPATION IN DIFFERENT DISASTER RELATED DRILLS CONDUCTED BY THE COMPONENT SOCIETY	Number of TMS members who participated in the delivery of service
1. July 17, 2024. “National Disaster Resilience Month” celebration in partnership with PAFP Tarlac Chapter and Loving Mother General Hospital. Lectures, demonstrations and drills were done. • 50 participants including doctors, nurses and health allied professionals	20
2. Feb. 13, 2025. Fire Prevention Forum - A big fire engulfed 8 business establishments in the town proper of Victoria, Tarlac in front of the Public Market on Dec. 13, 2024. - TMS initiated this activity in coordination with the Municipal Fire Department, and the Municipal Disaster Risk Reduction Management Council, Victoria, Tarlac. • The Municipal Fire Department Staff conducted lectures about fire. • Demonstration on how to escape from fire by crawling; rack rolling motion - Present were President Dr. Lilia Chua, Treasurer Dr. Fe Tadeo and Councilor Dr. Noreen Valdez, Dr. Janet Descalso.	4

DOCUMENTATION

4.4. Participation in different disaster related drills conducted by the component society



1. July 17, 2024. "National Disaster Resilience Month"



2. Feb. 13, 2025. Fire Prevention Forum, Victoria, Tarlac



Impact to the community

The people will be equipped with knowledge about life saving procedures like the CPR. The lay fora on vector-borne diseases dengue and Mpox can lower the incidence rate of the disease. Having knowledge of the fire hazards and what to do during fire will prevent incidents of fire and injury. Knowing the contact details of the different agencies for emergencies shortens the rescue time of victims.



Equipping the community through these educational activities has great economic impact in the family and in the society because physical injuries can disrupt the productivity of a person. The functional capacity of a person when injured has a negative impact on the financial income of the family, and in the business because of inability to work. The property damages would mean loss of money.

TMS CANCER PROJECTS

4.6. Cancer awareness, prevention, education and information dissemination
1. June 1, 2024 - National Immunization Program Inter-Agency Consultative Meeting Initiated by the Provincial Government of Tarlac for community / school-based HPV Vaccination. • Tarlac Capitol Center, Tarlac City • Attended by 3 members: Dr. Lilia Chua, TMS President, Dr. Gene Jerard Bacnis, Past President, and Dr. Teodora Reyes
2. June 6, 2024. “Pag-iwas sa Sakit ay Mahalaga, Kaya’t Tayo’y Magpabakuna Na!” • HPV vaccination against cervical cancer general public awareness • Itanong mo kay Doc. Aired on Radio Maria 99.7 FM, FB live • Speaker: Bryan Von M. Dayrit, MD, TMS member. Health Promotion Officer III • Anchor: Ethel Vital-Cornes, MD, TMS past president
3. Nov. 30, 2024 • “Gift-Giving Project for the Pediatric Cancer Patients with Leukemia” • Dr. Kathyrine Pascual, Hematologic Oncologist, TMS member • In partnership with Kythe Foundation and Tarlac Lions’ Club Inc, and the TPH Dept. of Pediatrics • 28 cancer patients. Attended by 7 TMS members • Venue: Tarlac Provincial Hospital

DOCUMENTATION

Cancer awareness, prevention, education and information dissemination.
1. June 1, 2024. National Immunization Program Consultative Meeting for HPV Vaccination



2. June 6, 2024. Itanong Mo kay Doc



3. Nov. 30, 2024. "Gift-Giving Project for the Pediatric Cancer Patients with Leukemia"



4.7. Cancer screening and HPV National Immunization Program

1. May 23, 2024 (activity was not reported in the 3rd & 4th quarter of 2023-2024)

Nationwide Cervical Cancer Screening: Educate, Prevent, Empower

- In partnership with the Philippine Society for Cervical Pathology and Colposcopy
- 75 patients underwent VIA Cervical Cancer screening
- Colposcopy was done on patients who were positive on VIA (Visual Inspection with Acetic Acid).



- Attended by 12 TMS members including gynecologic oncologists
2. June 5, 2024 - Launching of HPV National Immunization Program for a Cervical Cancer-Free Future. - Athletic Stadium, New Clark City. - Beneficiaries of HPV Vaccine: 2,213 girls aged 9 to 15 years old - Attended by 25 TMS members including the TMS Vice President and other officers
3. June 25, 2024 - Nationwide Cervical Cancer Screening in collaboration with the Philippine Obstetrical and Gynecological Society - Cervical Cancer lay forum and VIA screening - Tarlac Provincial Hospital
4. Nov. 7, 2024 • Cervical Cancer Screening using VIA Across the Border in the Luo Tribe of Bondo. Short Term Medical Mission in Bondo, Kenya • In collaboration with Tarlac Living Faith Christian Baptist Church • With the Participation of Dr. Lilia Chua, TMS President
5. Mar. 26, 2025 (Upcoming) • Cervical Cancer Screening using VIA, Breast Cancer Screening, Lay Lectures on cervical cancer and breast cancer. Colposcopically-guided cervical biopsy. • In collaboration with PSCPC (Philippine Society of Cervical Pathology and Colposcopy), POGS (Phil. OB/GYN Society Central Luzon Chapter) and the Philippine College of Surgery Central Luzon Chapter. • TMS donated 200 pcs disposable speculums • Target beneficiaries: 150-200 patients • Venue: Don Enrique "Henry" Cojuanco Memorial Hospital, Moncada, Tarlac
DOCUMENTATION Cancer Screening and Immunization



1. May 23, 2024. Nationwide Cervical Cancer Screening: Educate, Prevent, Empower.



3. June 25, 2024. Nationwide Cervical Cancer Lay Forum and VIA Screening



4. Nov. 7, 2024. Cervical Cancer Screening using VIA Across the Borders in the Luo Tribe of Bondo, Kenya





5. Mar. 26, 2025 (Upcoming). PSCPC (Philippine Society of Cervical Pathology and Colposcopy) Cervical Cancer, Breast Cancer Screening



Treatment facilitation and coordination

1. June 25, 2024.
 - Colposcopically guided cervical biopsy of patients (+) on VIA Cervical Cancer Screening.
 - Venue: Tarlac Provincial Hospital





2. Mar. 26, 2025 (BRAINSTORMING).

- PSCPC (Philippine Society of Cervical Pathology and Colposcopy)
- Colposcopically guided cervical biopsy of patients (+) on VIA Cervical Cancer screening
- TMS in collaboration with PSCPC, POGS (Phil. OB-GYN Society)
- Don Enrique "Henry" Cojuanco Memorial Hospital
- Brgy. San Julian, Moncada, Tarlac



June 19,
2024

3. **World Day Against Child Labor 2024**

- TMS in collaboration with DOLE Philippine *Bawat Bata Malaya: Mithiin ng Nagkakaisang Bansa*
- Free Medical consultation, Dental services Free haircut, Legal consultation, Financial consultation, Free massage, Free manicure and pedicure.
- 200 beneficiaries





June 20, 2024	4. "Operation Tuli" • TMS in collaboration with Tarlac City Government • 76 Barangays of Tarlac City beneficiaries
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July 3, 2024	6. National Nutrition Month with the National Nutrition Council • Local Nutrition Evaluation of Tarlac City was done. • Venue: Tarlac City Municipal Hall Boardroom
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Dec. 19, 2024 - Christmas Gift Giving at TPH Pediatrics Ward.





C. ORGANIZATIONAL STRUCTURE

1. REGULAR BOARD MEETINGS

2 nd Quarter Board of Trustees Meetings	
Sept.10, 2024	9 Administrative Memoranda were issued for the members' information and compliance, and proposals for amendments of the TMS Constitution and Bylaws. Venue: Hermano's Restaurant, Con Rey Center, Bypass Road, Tarlac.
Oct. 8, 2024	Induction of Dr. Alicia Robles-Valdez as Vice-President after the resignation of Dr. Janet Descalso. The BOT passed 1 Board Resolution regarding updating of the active TMS membership list and payment of long standing membership dues.



• Nov. 19,
2024

• BOT at borrowed venue of CLDH Board Room. Topic included the TMS Official Website.



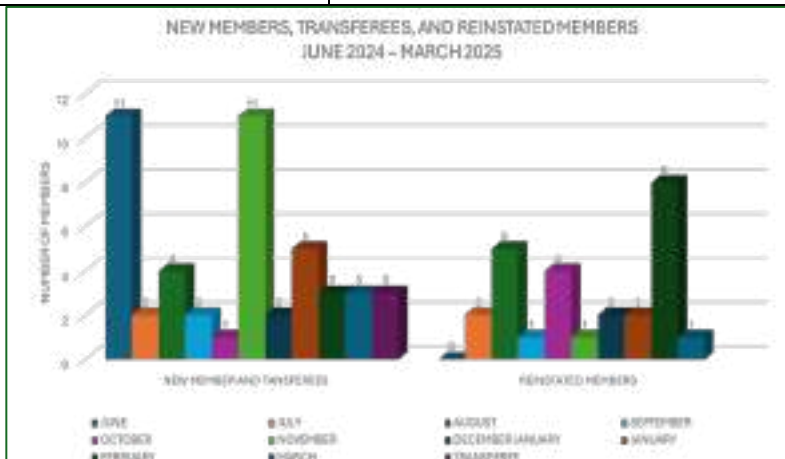


3 rd and 4 th Quarters Board of Trustees Meetings	
• Dec. 18, 2024 • Jan. 16, 2024 • Feb. 7, 2025 • Mar. 4, 2025	• Year-end face to face BOT Regular Monthly Meeting and Induction of new members at Kart City, Tarlac • TMS BOT Regular Monthly Meeting. TMS Office, Hybrid • TMS BOT Regular Monthly. TMS Office. Hybrid meeting • TMS BOT Regular Monthly Meeting at Fortune Restaurant, Tarlac City. Hybrid





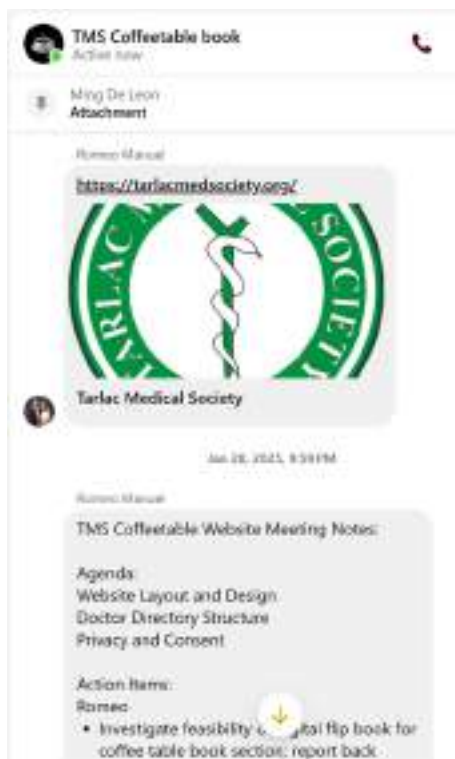
Bona fide Services to TMS Members	
Birthday greetings to members	
- Death Benefits - Elvira Lopez, MD - Herminia Castaneda, MD - Rufo Razalan, MD	- Cash death benefits were given to the heirs of active members and past president of TMS. - PMA benefit claims were facilitated by TMS.
- Membership growth 30% Amnesty on local membership dues (Nov. 1, 2024 to Feb. 28, 2025) for inactive/delinquent members with 3 years arrears or more. - A total of 47 new members and transferees were added to the growth of TMS in 8 ½ months from June 2024 to mid-March, 2025.	- The current number of active members of the Tarlac Medical Society, based on the PMA list, is 477. There have been 44 new members who joined from June to mid-March, along with 3 transferees from other component societies. 26 former members with more than 3 years arrears in membership dues have been reinstated out of 171 inactive members of the society within 9 ½ months of the fiscal year 2024-2025.





Strengthening TMS Organizational Structure

- Jan. 28, 2025.
Launching of official website
<https://tarlacmedsociety.org/>
- Though is still under construction, in completing the website will facilitate faster information dissemination. It will contain links to all PMA Codes.
- It will serve the patients better through the directory of doctors and their specialties/subspecialties and clinic schedule.



Feb. 18, 2025	Constitutional Amendments - Nov. 2024 to Feb. 2025, 9 members of the Committee on Constitution, Bylaws and Codes convened to draft the Constitutional amendments. 9 members: Dr. Alejandro F. Fernandez, Dr. Ricardo P. Ramos, Dr. Cristina D. Pascual, Dr. Christine Anne Corazon A. Lamorena, Dr. Imelda Q. Tiglao, Dr. Abelardo M. Lucas, Dr. Wilfredo Jesus C. Calma, Dr. Antonita M. De Pano, all past presidents, and Dr. Lilia S. Chua as Chair of the Committee. - Committee meetings were held on Nov. 25, 2024, Jan. 10, 2025, Feb. 18, 2025, and on Apr. 12, 2025. Consultation with Atty. Raymond Lim was done for the legalities. - Ratified on Mar. 9, 2025 during the local election and PMA national election
Feb. 18, 2025	Establishment of the 1st TMS Administrative Manual - Objectives: - To standardize, institutionalize, and pass on the organizational practices of TMS through the years. - It contains electronic links of all PMA Codes for faster access of TMS members.
Mar. 6, 2025	TMS BOT Special Meeting was held for the presentation of the Constitutional amendments and the Administrative Manual to the Board of Trustees. TMS Office. Hybrid



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IV. The Committee on Constitution, Bylaws and Codes (FY 2024-2025):
CHAIRMAN OF THE COMMITTEE



Lilia Soriano Cruz, MD
President 2024-2025

MEMBERS OF THE COMMITTEE



Alejandro F. Fernandez, MD
President 1986-1990



Gloria P. Ramos, MD
President 1997-1998



Cristina D. Peralta, MD
President 2010-2013



Christine Anne Catoban A. Llanes, MD
President 2011-2012



Imelda G. Tiglas, MD
President 2013-2015



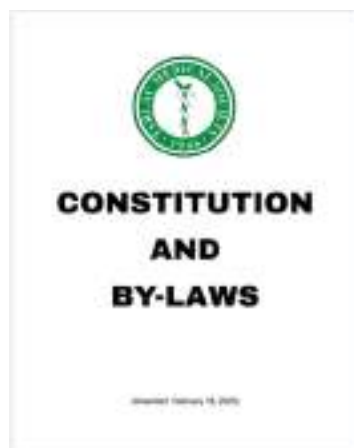
Abdonio M. Lucas, MD
President 2015-2016



Wilfredo Juan C. Cabra, MD
President 2016-2017



Antonio L. de la Cruz, MD
President 2017-2024







Community Service in the Underserved Areas (medical and surgical mission)	
Feb. 3 to 5, 2025	Ohana Medical Mission (OMM) 2025 in collaboration with Philippine Medical Association Hawaii, the Ohana Hale Private Resort, Hawaii USA, the Tarlac Medical Society and the Local Government Units. • 3 strategic venues in the province of Tarlac - the underserved communities of Sta. Ignacia, Gerona, Paniqui. • Beneficiaries: 1181 comprising 701 medical, 250 pediatric, 20 minor surgery, 210 optical and 150 gift packs



Feb. 10-14, 2025	Philippine-American Medical Foundation of Michigan, USA. The 5-day medical activity was conducted to provide additional accessible and free health care services specially to the less privileged citizens of Santa Ignacia. a total of 3,075 patients were catered. Services in the Medical Mission includes the following and the number of patients served: • Major Operation - (Done at Tarlac Provincial Hospital) - 9 patients operated • Minor Operation - (Done at Tarlac Provincial Hospital) - 59 patients operated • Circumcision - 187 patients circumcised • Tooth Extraction/Dental - 344 patients • Medical Consultation - 1,647 patients • Free Eyeglasses - 431 Glasses given • Chiropractor - 265 patients • Random Fasting Blood Sugar Testing - 131 patients tested Tarlac Medical Society participation - 19 TMS president, officers and members The said activity was conducted in collaboration with Philippine-American Medical Foundation of Michigan, Tarlac Provincial Hospital, Provincial Government of Tarlac, Tarlac Medical Society and Philippine Dental Association
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and other civic organizations. The activity started February 10, 2025 at 8 in the morning and concluded on February 14, 2024 at 2 in the afternoon.







Feb. 28, 2025	Caritas Medical and Dental Mission in celebration of the World Day of the Sick. • In partnership with TMS, Caritas Tarlac, Inc. initiated a Dental and Medical mission at Our Lady of Most Holy Rosary Parish Hall, Cristorey, Capas, Tarlac. • 150 participant and 11 TMS member
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Assistance TMS rendered to calamities and Disasters, Disaster awareness activities	
Dec. 13, 2024.	1. Coordination with Filipino-Chinese Volunteers Fire Brigade • TMS President Dr. Lilia Chua personally went to the fire scene in front of the Public Market Victoria, Tarlac on the night of Dec. 13, 2024.
Feb. 13, 2025	2. Fire Prevention Forum • Initiated by Tarlac Medical Society in Victoria, Tarlac in collaboration with the Victoria Municipal Fire Department. • It was a timely activity after 8 buildings in front of the Public Market in Victoria, Tarlac were consumed by fire on Dec. 13, 2024. • 50 participants from Victoria and 4 TMS member
• Feb. 21, 2025	3. Bloodletting activity "Save lives, Donate Blood" • Initiated by PAFP Tarlac Chapter in collaboration with TMS. • Gerona Junior College, Inc. • 33 successful blood bags collected • 50 participant and 4 TMS member







Feb. 21, 2025 - Bloodletting activity, Gerona Junior College





Feb. 20, 2025	Evidence For The Optimal Dose Of Iron For Managing Iron Deficiency Anemia In Women. Speaker: Lilia S. Chua, MD	Fortune Restaurant, Tarlac City	Procter & Gamble
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Feb. 27, 2025	Release Endometriosis: “Live free, Pain free”. Speaker: Lilia P. Luna, MD	Contis Restaurant, San Sebastian, Tarlac City	Unilab-Biofemme
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Mar. 9, 2025	1st purely Digital National and Local Election	• PMA National Election • TMS Local Election • Ratification of Constitutional Amendments • Ratification of Administrative Manual	
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TMS activities in support of PMA and/or DOH Advocacies.



Mar. 10, 2025	1. Reproductive Health and Teenage Pregnancy. 21st National Buntis Day. • Lectures on Teenage Pregnancy, Breast Feeding, Family Planning with gift-giving. • Performed prenatal consultation and pelvic ultrasound • In partnership with the Philippine Obstetrical and Gynecological Society (Foundation), Inc. • 70 pregnant patients • TMS attendees : 15 members with TMS President, Dr. Lilia Chua • Venue: Tarlac Provincial Hospital
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Mar. 12, 2025	2. TB Awareness and Control. 2nd TB Summit. • "Ending TB is Everyone's Responsibility"- Commit, Invest, Deliver • Keynote Speaker: Hon. Teodoro J. Herbosa, MD, Secretary of Health. • Luxent Hotel, Quezon City • Face to face participation of Dr. Lilia Chua, TMS President
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Mar. 26, 2025	3. Cancer Awareness and Prevention. Breast and Cervical Cancer Screening. • Lectures on cervical cancer and breast cancer, Colposcopically-guided cervical biopsy. • In collaboration with PSCPC (Philippine Society of Cervical Pathology and Colposcopy) and POGS (Phil. OB/GYN Society Central Luzon Chapter) • Don Enrique "Henry" Cojuanco Memorial Hospital • Beneficiaries: 200 patients • TMS attendees: 15 • Venue: Moncada, Tarlac • TMS donated 200 disposable speculum
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